

Committee: Health and Wellbeing Board

Date: 25 June 2019

Wards: ALL

Subject: CAMHS Local Transformation Plan for Merton

Lead officer: Leanne Walder

Lead member: Councillor Tobin Byers

Contact officer: Leanne Walder, Head of CSF Commissioning

Recommendations:

A. This is a requirement to enable the Health and Wellbeing Board Chair to sign off the Child and Adolescent Mental Health Service (CAMHS), Local Transformation Plan.

- 1.1 The purpose of this report is to outline assurance requirements to enable allocation of CAMHS Transformation monies and to request the Health and Well-Being Board (as part of those requirements), to sign off our local submission.
- 1.2 An all-party taskforce ambition set out by Future in Mind (2015), supported the case for change in the organisation and provision of mental health services for children and young people across the country. The focus for improved public awareness and understanding of mental health issues, timely and improved access to mental health support for those who need it.
- 1.3 The investment of extra funding to transform mental health services for children and young people; aligning spend with the recommendations within the review and the Five Year Forward View (NHSE 2016).
- 1.4 The guidance requires CCGs to work with all local partners to develop an agreed transformation plan.
- 1.5 The guidance also requires that Transformation Plans are signed off by a nominated member of the Health and Wellbeing Board. This is required to be the HWB Chair, DCS, DPH, Lead Member for children and young people or the portfolio holder for health.
- 1.6 Merton CCG has been working with local partners to develop the Local CAMHS LTP since its inception in 2015 and the review of CAMHS Health Needs Assessments thereby enabling priorities within the transformation plan to be set.

2.0 BACKGROUND

- 2.1 Future in Mind published in March 2015 by the Department of Health and NHS England (NHSE), represents the work of an all-party taskforce, setting out the

case for change in the organisation and provision of mental health services for children and young people across the country. The report sets out an ambition for improved public awareness and understanding of mental health issues, timely access to mental health support for those who need it and improved access and support for the most vulnerable groups. The whole systems approach to mental health and well-being is centered on five themes;

- Promoting resilience, prevention and early intervention
- Improving access to effective support in a system without tiers
- Care for the most vulnerable
- Accountability and transparency
- Developing the workforce

2.2 Additional monies for the transformation has been given yearly and promised until 2020.

2.3 Local Transformation Plans are required to cover the full spectrum of service provision and address the needs of all children and young people including the most vulnerable, making it easier for them to access the support they need when and where they need it.

2.4 The national ambition is to achieve transformation by 2020/2021.

2.5 CAMH Needs Assessment and Service Review helps to inform the development of these CAMH LTP's.

2.7.1 The CAMH LTP, was written in-line with the Future in Mind (2015), recommendations and the recommendations that came out of the 2015 local review, the Green Paper "Transforming children and young people's mental health (2017). Green Paper Trailblazer pilot sites to test proposals (2018), Mental Health 5 year Forward View (2016), CAMHS Transformation (2015-2020), and New Models of Care (2017 onwards).

3.0 DETAILS

3.1 Published national guidance by NHSE in August 2015 for the implementation of key recommendations included:

- CCG submitting the Plan and associated documentation on behalf of the local Health and Wellbeing Board and wider partners.
- The plan will need to demonstrate compliance with the core principles and ambition described in *Future in Mind* and in the subsequent NHSE guidance;
- Sign off by the local Health and Wellbeing Board, NHS England Specialised Commissioning team and CCG are mandatory and required before monies will be released.
- Submission of the transformation plan is required to NHSE on a yearly basis in the autumn.

- 3.2 The CCG will be required to submit progress to NHS on the delivery of the local transformation plans which is in line with their assurance framework.

The key assurances NHSE will seek nationally are that:

- Local Transformation Plans are published and made widely available;
- Children, young people, those who care for them and all local partners have been involved in developing the Plans;
- The additional money is being spent for the purposes intended;
- Locally determined Key Performance Indicators (KPI's), are being met.

4.0 ALTERNATIVE OPTIONS

- 4.1 None

5.0 CONSULTATION UNDERTAKEN OR PROPOSED

- 5.1 Consultation took place prior to the development of the Initial LTP through the CAMH Service Review and Health Needs Assessment for Merton.
- 5.2 Consultation/engagement was undertaken with stakeholders and professionals working with children and young people and specifically with children, young people and parents/carers.
- 5.3 Consultation was undertaken through 1:1 interviews, group discussion, forums and online surveys. Ongoing involvement of children and young people will continue to inform future LTPs.

6.0 TIMETABLE

- 6.1 Submission of Local Transformation Plan Refresh to NHS England is expected sometime in September/October 2019

7.0 FINANCIAL, RESOURCE AND PROPERTY IMPLICATIONS

- 7.1 If guidance is not followed, monies to improve CAMHS transformation will not be allocated
- 7.2 Merton CCG was allocated £572,000 in 2018-2019 and £743,000 for 2019-2020 to support the provision of CAMHS transformation, focusing on improving our eating disorder service, addressing our Access and Waiting Times Standard and neurodevelopmental services.

8.0 LEGAL AND STATUTORY IMPLICATIONS

- 8.1 None

9.0 HUMAN RIGHTS, EQUALITIES AND COMMUNITY COHESION IMPLICATIONS

9.1 Equalities impact is undertaken as part of the LTP development to minimise any negative impact on any of our children and young people and to ensure that we are providing the best services we can, fairly, to those who need them.

10.0 CRIME AND DISORDER IMPLICATIONS

10.1 None

11.0 RISK MANAGEMENT AND HEALTH AND SAFETY IMPLICATIONS

11.1 None

12.0 APPENDICES – THE FOLLOWING DOCUMENTS ARE TO BE PUBLISHED WITH THIS REPORT AND FORM PART OF THE REPORT

- Local Transformation Plans for Children and Young People’s Mental Wellbeing; NHS England, August 2018 Refresh.



Merton CYP
Transformation Plan 2

- Future in Mind; Promoting, Protecting and Improving Our Children and Young People’s Mental Health And Wellbeing; Department of Health, NHS England, March 2015
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

13.0 BACKGROUND PAPERS